

CoIN Study Preliminary Findings - Parents



Our preliminary findings indicate striking impacts of the Covid-19 pandemic on the mental health of parents of children with rare neurogenetic syndromes.

The CoIN Study so far....



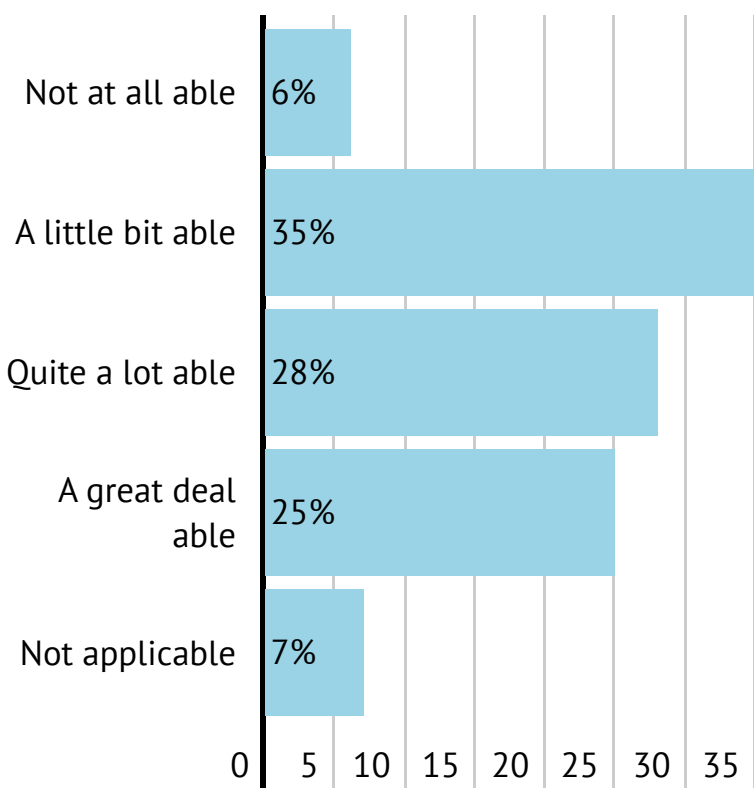
of families have a child who is considered high risk or who has been shielding.



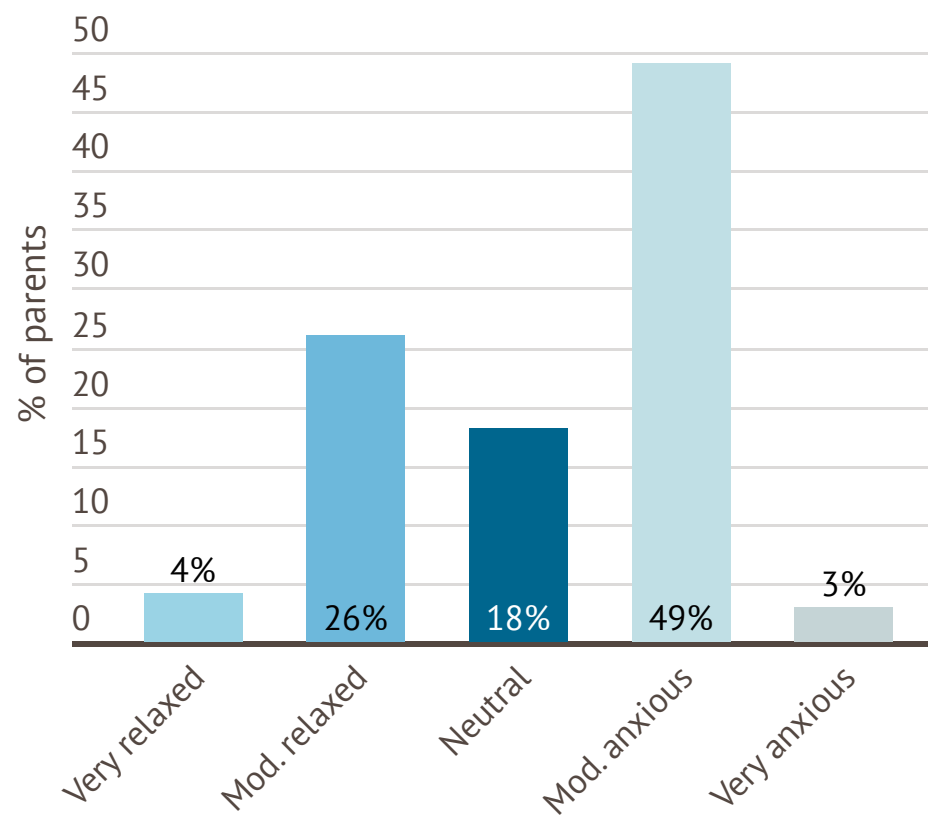
Of families who are shielding have found it difficult.

Education and caring needs.

Below shows how parents feel about their ability to support their child's educational or caring needs.



Parental anxiety



Over the past two weeks over half of parents reported that they felt either moderately or very anxious.

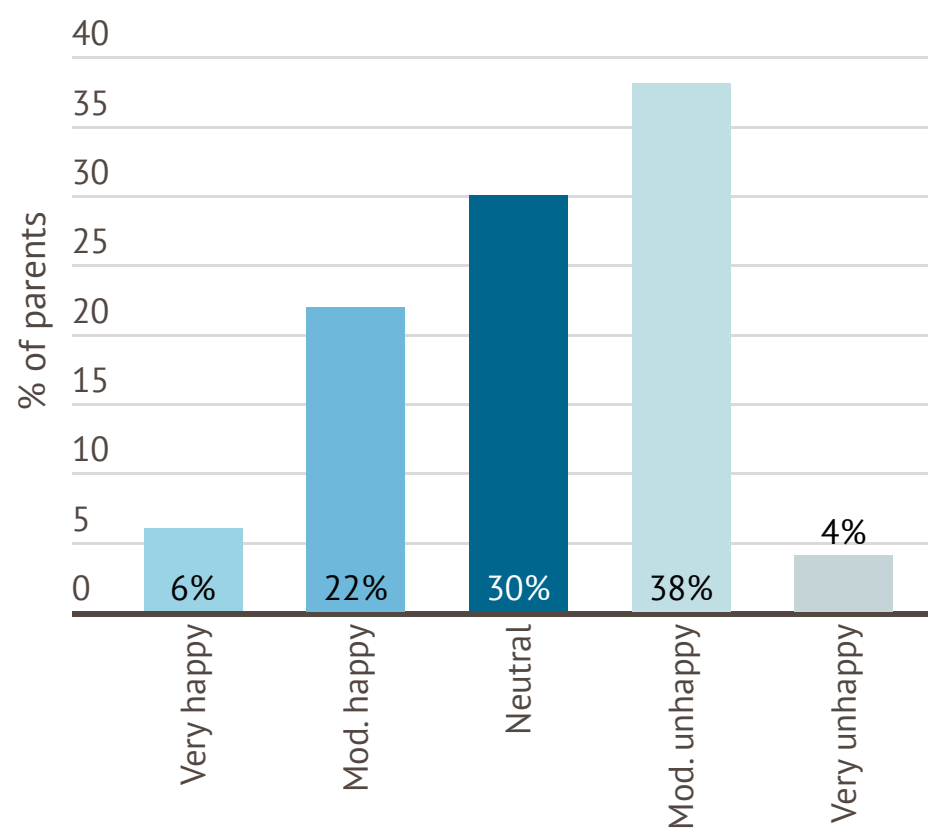
Family support



Over two thirds of parents stated that they often or almost always felt their family actively supported each other.

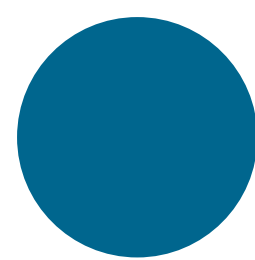
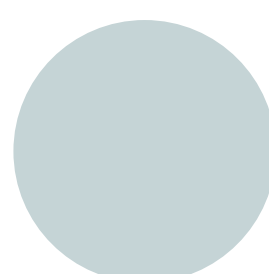
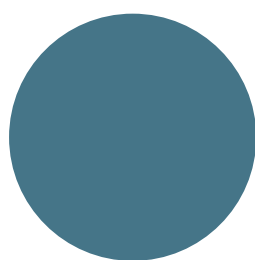
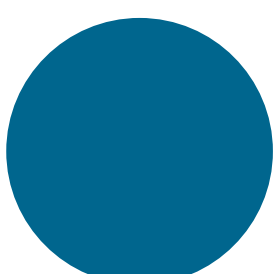


Parental sadness



Over the past two weeks 42% of parents reported that they felt either moderately or very depressed.

Top stressors



- Child's well-being
- Child's behaviour
- Child's education
- Loss of usual support systems

A high proportion of parents report feeling quite a lot or a great deal stressed about their child's well-being, behaviour, education and loss of usual support system.